

# HEART OF THE HAMPTONS

## MOST NEEDED DONATIONS

### NON-PERISHABLE GOODS

- Canned Chicken/Fish/Ham
- Canned/Dried Beans
- Nut/Non-Nut Butters
- Beef Stew/Chili
- Nuts/Dried Fruit
- Canned Beef & Cheese Ravioli
- Low Sugar Canned Fruit
- 100% Juice Boxes
- 100% Fruit Spreads/Jam
- Fruit Cups
- 100% Fruit Bars/Whole Grain Bars
- Low Sodium Canned Vegetables
- 100% Vegetable Juice
- Tomato Sauce
- Canned Soups
- Boxed/Bagged Pasta, Rice & Quinoa
- Hot & Cold Cereal
- Oats
- Granola
- Shelf Stable Milk
- Cooking Oil
- Coffee/Tea
- Condiments

\*Expired items will not be accepted

\*\*Please no glass jars

### PET FOOD

- Bags of Dog/Cat Food
- Canned Dog/Cat Food
- Treats

### BABY ITEMS

- Diapers (all sizes)
- Wipes
- Formula
- New Bottles
- Cereal
- Powder
- Lotion
- Baby Snacks

### PERSONAL ITEMS

- Soap
- Tooth Paste & Brushes
- Shampoo/Conditioner
- Brushes
- Deodorant
- Adult Diapers
- Feminine Hygiene Products

### HOUSEHOLD ITEMS

- Toilet Paper
- Paper Towels
- Napkins
- Plastic Utensils
- Plastic & Paper Cups/Plates/Bowls
- Garbage Bags
- Detergents

Questions?

Please email [info@heartofthehamptons.org](mailto:info@heartofthehamptons.org)

Thank you!